



# 2<sup>st</sup> European Training School of the European Network Riseup-PPD (Cost Action CA18138)

## *Principles and Practices in Clinical Trials*

Nicosia, Cyprus  
Barcelona, Spain  
Coimbra, Portugal

Online via Zoom

23-25 November 2020

## A. GENERAL INFO

The main goal of Riseup-PPD COST Action is to establish a Pan-European multidisciplinary network of researchers dedicated to the understanding of Peripartum Depression Disorder (PPD), from its prevention and assessment to its treatment and global impact. <https://www.cost.eu/actions/CA18138>

### WHAT ARE TRAINING SCHOOLS?

Since COST's priority is enhancing research collaboration where ideas and people can grow without borders, Training Schools aim to facilitate capacity building on a topic relevant to the theme of the respective COST Action through the delivery of intensive training on a new or emerging subject.

Training Schools Grants provide support for intensive training on a new or emerging subject of PhD students and ECI researchers from participating Inclusiveness Target Countries\* (ITC).

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Participants will be expected to attend and participate at the Training School during the three days, and will be given the opportunity to present and discuss their work, and network with other ECIs, the TS trainers and the members of the Riseup-PPD Cost Action. Exceptionally, due to COVID-19 restrictions, **the Training School will be held in 3 different locations** (with a limited number of participants at each location) throughout Europe **as well as online**<sup>1</sup>.

Training School Dates: 23-25 November 2020s

Host Institutions: Faculty of Psychology and Educational Sciences, University of Coimbra (Portugal); Department of Health Sciences, School of Sciences, European University Cyprus (Cyprus); Col·legi Oficial Infermeres I Infermers, Barcelona (Spain).

Materials: As the meeting is taking place both in location and online, it is advised to have a computer with a stable and fast internet connection. Additional free software may be needed, which will be communicated closer to the date of the Training School.

## B. ELIGIBILITY

### PARTICIPANTS

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<sup>1</sup>Subject to change depending on the progression of the pandemic and/or restrictions imposed by participating countries and/or institutions.

Training Schools Grants are open to all participants, but priority will be given for PhD students and ECI's with a primary affiliation in an institution located in an ITC.

## HOW TO PARTICIPATE

Please send an application with a letter of motivation explaining how this training will benefit your research project and your scientific career (max. 3500 characters with spaces) as well as your CV to **[gude.francisco@gmail.com](mailto:gude.francisco@gmail.com) and [andremms@fpce.uc.pt](mailto:andremms@fpce.uc.pt) by 25 September 2020.**

Applications will be forwarded to the Training School Committee, which will evaluate all submitted applications in the context of their compatibility and relevance with the topic of the Action.

When applying, please **rank your location preferences** in decreasing order of preference (e.g., 1<sup>st</sup> - Coimbra, Portugal; 2<sup>nd</sup> - Barcelona, Spain; 3<sup>rd</sup> - Nicosia, Cyprus) **on a separate page following your motivation letter**. These do not count towards your maximum character limit. Participants will be distributed among the locations by the Training School Committee, considering both the participants' preferences and the institutional restrictions at each location.

## C. EVALUATION CRITERIA

1. Being a PhD Student (10 points);
2. Being an Early Career Researcher (ECR) (10 points);
3. Being affiliated to an Inclusiveness Target Country<sup>2</sup> (ITC) (10 points);
4. Being an active member of Riseup-PPD<sup>3</sup> (3 points) and being currently conducting research/work within the Action topics (7 points);
5. Relevance of the candidates' research and background assessed considering the following (max. 10+10 points)<sup>4</sup>:

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<sup>2</sup>COST Inclusiveness Target Countries (ITCs) are: Albania, Bosnia-Herzegovina, Bulgaria, Cyprus, Czech Republic, Estonia, Croatia, Hungary, Lithuania, Latvia, Luxembourg, Malta, Montenegro, Poland, Portugal, Romania, Slovenia, Slovakia, The Republic of North Macedonia, Republic of Serbia, and Turkey.

<sup>3</sup>An active member is defined as a Riseup-PPD member (regardless of their status as MC member, leader, etc.) that has demonstrated significant contributions to the Action by participating in its activities and engaging with members including, but not limited to, Slack, group meetings, general meetings, etc.

<sup>4</sup>Points to be attributed for each type of publication will be given in proportion to the total Q points of those publications against the highest scored participant. Publications will be given the following points: in Q1 4 points, in Q2 3 points, in Q3 2 points, and in Q4 1 point. In other words, we will sum the Q of all publications for each type (relevant/outside the scope), and attribute 10 points to the participant with the highest Q sum. Other participants will be given points by considering their sums in proportion to the highest score (e.g., if the highest score for relevant publications was 20 and the highest score for publications outside the scope was 15 and a given participant scored 10 on the first type and 3.75 on the second type, his/her score would be 5 + 2.5 for a total of 7.5 total points.

1. Journal quartile (Q) of publications in Peripartum Depression Disorder and other Riseup-PPD-relevant publications;
2. Q of publications outside the Action's scope.

## D. FUNDING

### SUPPORT FOR SELECTED TRAINEES

After applying the evaluation criteria, the candidates will be ranked and a maximum of **15** trainees will be selected to be reimbursed (**5 in each of the three physical locations**). These participants will be reimbursed for their expenses according to the rules expressed in COST's Vademecum's Section 5 (<https://www.cost.eu/vademecum>). Participants will be expected to pay for their traveling, accommodation and other eligible expenses in advance, and will then be reimbursed based on COST reimbursement table (available here: <https://www.cost.eu/wp-content/uploads/2020/02/Daily-Allowance-table.pdf>).

For this training school, the amount to be reimbursed to each eligible trainee must respect the following considerations:

1. Each trainee must register for an e-COST profile at <https://e-services.cost.eu> and must provide there their bank details;

To be eligible for reimbursement, trainees must be from one of the following:

1. COST Full Members / COST Cooperating Members;
2. Approved Near-Neighbour Country Institutions;
3. Approved European RTD Organisations.

Trainees from the following will not be reimbursed:

1. COST Partner Members;
2. Approved IPC Institutions;
3. Approved IO, EU Commission, Bodies, Offices and Agencies;
4. Other trainees not specifically mentioned as being eligible.

## E. IMPORTANT DATES

Opening date for applications is **Friday 31 July 2020**.

The deadline for applications is **Friday 25 September 2020**.

You will be informed of the outcome of the application by **Friday 23 October 2020**.

If accepted you will be expected to attend the Training School in its entirety.

## **F. LOCATION**

More details about each venue will be disclosed at a later date.

## **G. PROGRAMME**

The Training School encompasses the following topics: :1) Study protocol; 2) Ethical issues, 3) Data management and quality control, 4) Fundamentals of data analysis; 5) Random errors and bias; 6) Reporting results. Also, practical exercises, examples and questions related to own research are incorporated in the program.

In due time, a final programme will be published and disseminated prior to the results being published.

## **H. SCIENTIFIC ORGANISERS**

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